

FOOD FOR  
THOUGHT  
TO SPARK  
CONVERSATION

# SHABBOS MENU



PART OF THE CCHF SHABBOS TABLE MACHSOM L'FI PROGRAM • PARSHAS KI SEITZEI 5781 • ISSUE 254

## 'I'LL LOOK INTO IT'

*You hear loshon hora about someone you are dealing with in your life. If it's true, then you stand to be damaged by this person. May you believe it?*

T H E

### DILEMMA

**P**inchas the plumber was hired to install the kitchen and bathroom fixtures in a new house being built by Boruch the builder. Pinchas was just beginning to expand his business from a one-man operation to a bigger enterprise. He hoped Boruch would become a regular customer, so he decided to hire an extra plumber to get the job done fast.

When Pinchas's cousin asked him how his business was going, Pinchas told him about his work for Boruch. "Well, be wary of him," said the cousin. "My friend Eli installed electrical wiring for him in one of his houses and he had to threaten him with going to *beis din* to get paid."

Pinchas's heart sank. He didn't want to incur the expense of hiring more help if he wasn't going to be paid on time. May he believe his cousin's story about Boruch?



T H E

### HALACHAH

**W**hen information can help a person protect himself from harm, he is allowed to suspect, although not believe, that it is true.

*Sefer Chofetz Chaim  
Hilchos Loshon Hora 6:10*

## PARTICIPANTS SPEAK

*I just wanted to say thank you so much. I always enjoy your Shabbos Menu but this week it just hit the spot. I had been driving home from work, stuck in traffic (of course) and bemoaning the fact that it's almost 2 weeks into Elul and asking myself what I was doing to prepare. I was also thinking about my sister who is almost 30 and still single. I came home and read what Rabbi Shapiro said about the power of the Shabbos Table Machsom L'fi and realized that I am doing something on both of these counts. Thank you so much for the chizuk.*

*Good Shabbos.*

*London, UK*

### FOR QUESTIONS AND COMMENTS, EMAIL

[Shabbosmenu@cchfglobal.org](mailto:Shabbosmenu@cchfglobal.org)

"One who has compassion  
for

*others*  
is granted  
*Heavenly*  
compassion."

— Shabbos 151b

Reviewed by Rabbi Moshe Mordechai Lowy. For discussion only; actual halachic decisions should be made by a *rav* or halachic expert on a case-by-case basis.

SPONSORED L'ILUI NISHMAS

MALKA BREINDEL A"H BAS SHMUEL FISHEL YLCH"Y

LONDON

**W**hen Eli Price passed away, hundreds of people, mostly community members, poured into the home to give their condolences. Among the visitors was a man named Isaac. He was the principal of a school in a neighboring community, and he had a story to tell the family.

“When I was in middle school, I was a troublemaker,” he said. “I was always misbehaving and being sent to the principal’s office. One day, when I was once again bored in class, I threw an aluminum foil ball at the teacher. With an angry red face, the teacher held up the ball and said, ‘I will ask only once for the student who threw this to please stand up and walk out of the room. I will not continue class until that student leaves.’”

“The room was silent. I was not going to give myself up because the principal had warned me that if I acted out again, I would be expelled from school. I never imagined what would happen next. After 30 long seconds, a boy named Eli, who was always a diligent and well-behaved student, stood up and walked out of the room with his head down. He had no reason to help me, but he decided to do it anyway.”

Isaac wiped his tears and said, “I want you to know that Eli saved my life. Through that selfless act, he conveyed to me how concerned

he was about my dignity. That

shook me up. From that moment on, I took my life more seriously. With a lot of work, I stopped being a troublemaker.

“When I heard that Eli passed away, I had to come here to let you all know that if I’ve touched people’s lives through my work as a Jewish educator, it’s

## A MOMENT’S DECISION, A LIFETIME’S IMPACT

all due to Eli’s compassion and selflessness.”

There are times in life when we are faced with a choice. We can move ahead for our own sake, or we can sacrifice to help someone else. When we take advantage of the opportunity to help others, as Eli Price did, we never know the impact that it may have. This can be the defining moment of another person’s life, and of our own life as well.

Heard from Rabbi Yaakov Cohen, Aish.com



## sage advice

# DO YOU KNOW HOW TO DRIVE?

## How to Travel Smoothly Through Life

Unfortunately, there are hundreds of traffic accidents every day. Some are fender-benders that cost money. Others are more serious, and come at a greater cost.

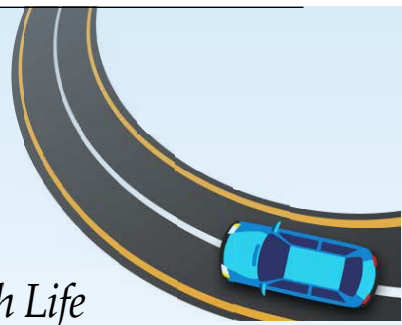
One thing we all know for sure is that we don’t want to be the cause of someone else’s damage. We don’t want to be that menace on the road who ignores the stop signs and hasn’t signaled a turn since he took his driver’s test. The rules of the road keep us from hurting ourselves and others.

**In human interaction, the laws of *shmiras haloshon* are the “rules of the road”** that train a person to think in terms of avoiding harm to others. Ultimately, this mind-set doesn’t influence only how we speak, but how we act toward others as well.

If we want to avoid causing pain and damage on the highway of life, we only need to learn and follow the “rules of the road.”

### TALK ABOUT IT

What do we tell ourselves when we want to justify bending or breaking the rules? What can we answer ourselves to stay on course?



Ever answer a shidduch call?

No more uncertainty, fumbling, or feeling bad about your answers!



**ClarityCalls**  
Shidduch calls done right

Sign up [cchf.global/claritycalls](http://cchf.global/claritycalls)

Email [joinclaritycalls@cchfglobal.org](mailto:joinclaritycalls@cchfglobal.org)

Text 'claritycalls' to 313131

Whatsapp 'join' to 845.392.2398



## OUR MISSION

at the Chofetz Chaim Heritage Foundation is to inspire Jews around the world to grasp the life-enhancing gift of *shmiras haloshon*, *ahavas Yisrael*, and *shalom*, and to provide easy access to a wide array of options designed to spark personal growth.

**450,000 Books**  
in print.

לע"נ חיים יחיאל מיכל בן  
רפאל פייוועל שניאור ז"ל

נלב"ע ערב שבת קודש  
” אלול תשע”ז  
ה.נ.צ.ב.ה.

To Join  
**THE SHABBOS TABLE  
MACHSOM L'FI**  
Visit: [powerofspeech.org/shabbos](http://powerofspeech.org/shabbos)  
or in the USA, text: **shabbos to 313131**

Teen  
Line



201.855.8255, 212.596.8255