

**THE J INVITES  
EVERYONE  
AGE 65+ TO  
JOIN THE  
SENIOR SOCIAL J\*  
FOR JUST  
\$44 A YEAR.**

\*Social Membership does not include access to the Fitness Facilities.



Jewish Community Center of Dallas  
7900 Northaven Road, Dallas, TX 75230  
Senior Adult Department (214) 239-7183

**[JCCDALLAS.ORG/SENIORS](https://www.jccdallas.org/seniors)**

JCC DALLAS GREATLY ACKNOWLEDGES SUPPORT FROM  
JEWISH FEDERATION OF GREATER DALLAS.



**LIVE.  
LAUGH.  
LOVE.  
LUNCH.**

# ACTIVITIES\*

FITNESS CLASSES

LINE DANCING

ART CLASSES

CHORUS

READER'S THEATRE

MUSEUM TRIPS

THEATER OUTINGS

BRAIN GAMES

MAH JONGG AND  
BRIDGE CLINICS

TECHNOLOGY SEMINARS

ENTERTAINMENT

WELLNESS & NUTRITION  
EDUCATION



**PLUS: NUTRITIOUS,  
KOSHER SIT-DOWN  
LUNCHESES SERVED AT  
NOON MONDAY-FRIDAY.  
PLEASE RSVP.**

Menu posted at [jccdallas.org/seniors](http://jccdallas.org/seniors).

The lunch program is for everyone age 60+. JCC membership is not required. A donation is suggested. The program is supported in part by the Dallas Area Agency on Aging, Texas Dept. of Aging & Disabilities Services and the JCC.

**Senior Social J  
membership is  
available at walk-in  
or by calling us at  
214-239-7183.**

**Membership is open to all  
community members age  
65+, regardless of your  
religious affiliation.**



SENIORS

\* Some outings require an additional fee.