

ליקוטי ופסקי הלכות

”חוקי חיים”

ותלמדם
”תוקף החיים”
לעשות רצונך
בלבב שלם



שע”י ”חדר הוראה” שכונת מנחת יצחק פיעה”ק ירושלם תובב”א - בראשות הרב חיים אהרן בלייער שליט”א

Halachos compiled by HaRav Chaim Bleier – Translated from the Hebrew edition by R' Zerachya Shickler

Please do not read during davening or Krias HaTorah

Things That Cause One to Forget – 2

Chukas (ע”י) / Korach (Chu”l) 5783

300

Some Rules

1. In the last issue (299), we cited some rules from the Gemara (רווית) (דף י”ג ע”ב) [קשה לשכחה] about things that cause forgetting. We discussed whether this was just proper conduct or an issur (par. 4-5); whether it only applies to a ben Torah who has Torah to forget or also to an am ha’aretz (5-6); whether it only applies to males, who have a mitzvah to learn Torah, or also to females, who have a share in Torah, i.e., in the halachos that apply to them (7-8) – or at least to pregnant or nursing women because of their sons (9-10) – and whether it is only for people above bar mitzvah, who have a mitzvah to learn Torah, or also to ketanim, who will eventually become obligated to learn Torah (11-12).

Animal Organs

Animal Heart

2. The above Gemara lists eating an animal heart as something that causes forgetting; this is cited by the poskim (ארחות חיים הל’ ת”ת אות) (כ”ה, מג”א סי’ ק”ע סק”ד, מ”ב שם סק”ו).
3. **Wild animal [חיה]**. Most poskim say the heart of a חיה, e.g., a deer, is included in this issue (ש”ע האר”י דברים השייכים לסעודה ס”ט) (מג”א ומ”ב שם).

Bird Heart

4. Although the above Gemara only mentions the heart of a בהמה, all the poskim say eating a bird’s heart also causes forgetting (מהר”ם מרוטנברג הובא בתשב”ץ קטן תקנח, ארחות חיים שם בשם י”א, ש”ך סי’ (עב סק”ב, מג”א ומ”ב שם). However, some poskim just write “some are careful about this,” implying not everyone is careful about it (יד יהודה סי’ ע”ב סק”ד, דרכ”ת סק”ה).
5. **Kashering from blood**. It should be noted that there are special halachos about how to kasher a heart from blood, similar to those of kashering a liver. Thus, if one eats a heart, he must verify it was properly kasher, i.e., it was cut open, rinsed, soaked, salted (ש”ע רמ”א) (י”ד סי’ ע”ב סי”א ורמ”א שם (ס”ב). If all that was done, the Mechaber holds it may even be cooked, whereas the Rama holds it must first be roasted and only afterward may be cooked.

Animal Brain

6. Many poskim mention that one should also be machmir not to eat an animal brain; a hint to this is the word מלך, which stands for מוח [brain], לב [heart], לבד [liver] (ספר זכירה), (כף החיים י”ד סי’ ע”ב ססק”ו, א”ח סי’ קנ”ז סק”ח יד שלום סי’ ד’ אות ל”ה, הליכות עולם) (ח”ו עמ” קנ”ז).
7. On the other hand, many poskim are meikel about this (שלחן מלכים) (סי’ ג’ הלכה למשה אות י”ט, שמירת הגוף והנפש סי’ י”ב אות ד’).
8. **Bird’s brain**. Some mention that one should also be careful not to eat a bird’s brain, as doing so causes forgetting (עמ”י) (הליכות עולם ח”ו עמ”י) (קנ”ז); others are meikel about a bird’s brain (אפרקסתא דעניא סי’ קמ”ד) (הע”ג הובא בשמירת הגוף והנפש סי’ י”ב סוף הע”ה).

Liver

9. Some poskim also mention that one should not eat liver, as it causes forgetting (בן איש חי שנה ב’ (פ’ אחרי אות י”א, כף החיים י”ד סי’ ע”ב סק”ז).

10. However, many poskim are meikel about this. In fact, many tzaddikim would eat liver (אפרקסתא דעניא סי’ קמ”ד אות ב’). The chasidic talmidim of the Baal Shem Tov would specifically eat liver on Shabbos (משנה הלכות ח”ג סי’ ס”ב, תשובות והנהגות ח”ה סי’ רמ”ג). This is the common practice.

Clothing

Placing Clothing under One’s Head

11. That Gemara in Horayos says that some say placing clothing under one’s head also causes forgetting. The poskim cite this (ארחות חיים) שם, תשב”ץ קטן סי’ רפ”ז, לקט יושר או”ח עמ” מ”ה ענין ג’, של”ה שם, פ”ח ליקוט (לא”ח סי’ ב, א”ר סי’ רמ”א סק”ד, פמ”ג סי’ ב’ א”א סק”א, מ”ב סי’ ב’ סק”ב).
12. **Which items?** Some say any of one’s articles of clothing, not necessarily just his shirt, are included in this issue (מהר”ל מנהגים) (ליקוטים אות מ”א, א”ר סי’ רמ”א סק”ד).
13. Thus, if one is traveling and does not have a pillow or blanket to put under his head, he should make sure not to put an article of his clothing under his head to serve as a pillow.
14. **Separation between head and clothing**. Most poskim hold the main issue is to put one’s head directly on his clothing, but if there is something separating his head from his clothing, there is no concern (מגן גיבורים אלף המגן סי’ ב’ סק”ד, ליקוטי מהר”ח סדר קרשעה”מ עמ”י (ר”י, מ”ב סי’ ב’ סק”ב).
15. **Tallis**. Some want to say that items with kedushah do not cause forgetting. This is based on a Gemara in Tamid (כ”ז ע”א) which says the Kohanim used to fold their bigdei Kehunah and place them under their heads. Thus, perhaps a tallis would also not be an issue, unless one differentiates between bigdei Kehunah and a tallis, as bigdei kehunah have more kedushah than a tallis (הגרי”י) (אולמאנן, מכתבי קהילות הקודש סי’ ו’).
16. However, others hold that a tallis can also cause forgetting. This is relevant for one who wants to sleep with his head on his tallis during the break in davening on Yom Kippur (מור”ר מרן הגאב”ד ירושלים) (זצ”ל, מכתבי קהילות הקודש סי’ ח’).
17. **Dozing on one’s arm**. Dozing on one’s arm which is covered by his garment is not a problem. When one is wearing a shirt, it is like the sleeve is part of him (הגר”ח קנייבסקי, ספר זכרון ח”ב סוף אות ט”ו).

Wearing an Inside-Out Garment

18. Some say one should not wear a garment with the inside facing out (שמירת הנפש אות שמא, א”א בוטשטש מהדו”ת סי’ ב’ על סעיף ג’, דעת תורה שם).
19. **Yarmulka**. Some say one may wear his yarmulka inside out, e.g., if it is raining or he is doing so as a segulah to cure a headache (הגר”ח קנייבסקי) (סגולות רבותינו עניני רפואה שאלה ל”ח yarmulka is not called a beged (הגר”ש, מפי האש”י עמ” רמ”ב).
20. **Tallis katan**. One may also wear his tallis katan inside out since it is a mitzvah garment (הגר”ש, שם).

Putting On Two Garments Simultaneously

21. One should be careful not to put on two garments simultaneously, as doing so causes forgetting. This is because when one does this, he prevents the inner garment’s spiritual light [אור המקיף] from coming (אריז”ל שער הכוונות, דרושי ברכת השחר סוף הק’ אחת קטנה, מג”א סי’ (ב’ סק”ג, א”ר שם, מ”ב שם). Thus, one should not simultaneously put on his jacket and coat or the like.

