

SELLING CHOMETZ GAMUR ("REAL CHOMETZ") BEFORE PESACH - GUIDELINES & CHART

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Although *l'Halacha*, any chometz may be sold before Pesach, there are pious individuals who do not sell "real" chometz, but rather give it away, burn it, or eat it before Pesach. How does one define *chometz gamur*, "real" chometz? A food for which there is an *issur* of *bal yeira'eh u'bal yematzeh d'Oraysa* (there is a *Torah* prohibition of ownership on Pesach) is "real" chometz. This includes all items that are *chometz gamur*, real chometz (bread, cake, cookies, pretzels, pasta, etc.). It should be noted that people who do not sell real chometz may purchase real chometz after Pesach from a Jewish owned store that sold their chometz.

Ta'aroves chometz, food consisting of chometz ingredients, where the *chiyuv biur* (obligation to burn) is only *m'drabanan* (rabbinic), or at least according to some opinions only *m'drabanan*, is not *chometz gamur*. In addition, *safek chometz* medications (i.e., one is unable to determine whether it is chometz) and non-edible items, as well as products processed on chometz equipment, are not considered to be *chometz gamur*. These products are sold before Pesach even by individuals who are stringent not to sell *chometz gamur*. Many individuals who do not sell *chometz gamur* will sell alcoholic beverages before Pesach. Each family should follow their own custom.

The following chart offers guidelines as to which products are considered "real" chometz. 'Chometz Gamur' means it is 'real' chometz. Pious individuals customarily do not sell these products before Pesach. Rather, they either consume it, burn it, or give it away as a gift to a non-Jew before Pesach. 'Not Chometz Gamur' indicates the product is not "real" chometz. Even pious individuals will generally sell such products to a non-Jew before Pesach. (Where indicated, some products may remain in one's possession during Pesach, and a sale is not required.)

PRODUCT	STATUS
Barley (if pearled, raw and packaged)	Not Chometz Gamur
Beer	Chometz Gamur
Bread	Chometz Gamur
Cake	Chometz Gamur
Cake Mixes (dry)	Not Chometz Gamur
Cereal with primary ingredient of wheat, oats or barley	Chometz Gamur
Chometz content is more than a <i>kezayis</i> . A <i>kezayis</i> of chometz can be eaten in a time span of <i>kedei achilas pras</i> ² (e.g., box of Froot Loops cereal).	Chometz Gamur
Chometz content is more than a <i>kezayis</i> . A <i>kezayis</i> of chometz cannot be eaten <i>b'kedei achilas pras</i> ² (e.g., box of Cap 'N Crunch cereal).	Chometz Gamur

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PRODUCT	STATUS
Chometz content in entire package is less than a <i>kezayis</i> but is greater than 1/60 of the product (e.g., Corn Flakes cereal).	Not <i>Chometz Gamur</i> ⁸
Chometz content is less than 1/60 of the product	Not <i>Chometz Gamur</i> ⁴
<i>Chometz Nokshe</i> (e.g., chometz glue)	Not <i>Chometz Gamur</i>
Chometz products non-edible even for canine consumption (<i>nifsal mei'achilas kelev</i>)	Not <i>Chometz Gamur</i> ³
Condiments containing vinegar (e.g., ketchup, mayonnaise, mustard, pickles)	Not <i>Chometz Gamur</i>
Cooked on chometz equipment (not during Pesach) but contains no chometz in the product	Not <i>Chometz Gamur</i> ⁵
Cookies	<i>Chometz Gamur</i>
Corn Flakes (even if contains malt flavor)	Not <i>Chometz Gamur</i> ⁸
Cosmetics	Not <i>Chometz Gamur</i> ⁴
Cream of Wheat	<i>Chometz Gamur</i>
Couscous	<i>Chometz Gamur</i>
Detergents	Not <i>Chometz Gamur</i> ⁴
Extracts	Not <i>Chometz Gamur</i>
Farfel	<i>Chometz Gamur</i>
Flour (includes oat, regular wheat, whole wheat, spelt and flour that contains malted barley)	Not <i>Chometz Gamur</i> ⁶
Food Coloring	Not <i>Chometz Gamur</i>
Gefilte Fish (even if contains matzah meal & is not KFP as long as label does not state chometz content)	Not <i>Chometz Gamur</i>
Ketchup	Not <i>Chometz Gamur</i>
<i>Kitniyos</i>	Not <i>Chometz Gamur</i> ³
Licorice	<i>Chometz Gamur</i>
Malt extract	<i>Chometz Gamur</i> ⁹
Maltodextrin/ Maltose (in product and from unknown source)	Not <i>Chometz Gamur</i>
Matzah and Matzah Meal - not certified for Pesach (label does not state chometz)	Not <i>Chometz Gamur</i>
Mayonnaise	Not <i>Chometz Gamur</i>
Medicine containing chometz	Not <i>Chometz Gamur</i>
Modified Food Starch (from unknown source)	Not <i>Chometz Gamur</i>
Mustard	Not <i>Chometz Gamur</i>
Oatmeal (Instant, Regular, Baby cereal)	<i>Chometz Gamur</i>
Oat Flour	Not <i>Chometz Gamur</i> ⁶

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PRODUCT	STATUS
Pasta	<i>Chometz Gamur</i>
Pet Food made from chometz (i.e., if there is more than a <i>kezayis</i> of wheat or barley in the package of pet food)	<i>Chometz Gamur</i>
Pickles	Not <i>Chometz Gamur</i>
Pretzels	<i>Chometz Gamur</i>
Rice Krispies (even if contains malt flavor)	Not <i>Chometz Gamur</i> ⁸
Rolled Oats	<i>Chometz Gamur</i>
Salad Dressing	Not <i>Chometz Gamur</i>
Soy Sauce (if contains wheat)	<i>Chometz Gamur</i>
Vanillin/Ethyl Vanillin	Not <i>Chometz Gamur</i>
Vinegar (from unknown source)	Not <i>Chometz Gamur</i>
Vitamin Tablets containing chometz	Not <i>Chometz Gamur</i>
Wheat Germ	Not <i>Chometz Gamur</i>
Wheat Gluten/Wheat Protein (unknown amount in product)	<i>Chometz Gamur</i>
Whiskey ⁷	Follow family custom ¹
Yeast (Baker's)/Yeast Extract	Not <i>Chometz Gamur</i> ³
Yeast (Brewer's)	<i>Chometz Gamur</i>

1. Some individuals sell this chometz, others do not. One should follow his family custom.
2. *Kedei achilas pras* is the amount of time it takes to eat the volume of buttered bread equaling three to four eggs (approximately 2-4 minutes). For example, if one eats a bowl of Froot Loops cereal, he will eat a *kezayis* of chometz within 2-4 minutes. However, if one eats Cap 'N Crunch cereal he will not eat a *kezayis* of chometz fast enough since the amount of chometz in Cap 'N Crunch cereal is relatively minimal. Nonetheless, since there is a *kezayis* of chometz in the box, it is *chometz gamur*.
3. These products are not chometz. One may even retain possession on Pesach. Sale is not necessary (*mutar behana'a b'Pesach*). The product may not be eaten on Pesach.
4. These products are not chometz. One may even retain possession on Pesach. Sale is not necessary (*mutar behana'a b'Pesach*).
5. One may retain possession of these products on Pesach. Sale is not necessary. They may not be eaten on Pesach.
6. This applies to flour that is not an ingredient in a product (e.g., flour sold in bags). However, as an ingredient in a product it is usually *chometz gamur*.
7. This includes bourbon, rye, liquor, gin, scotch & whiskey (unless they are certified for Pesach or are known to be from non-chometz sources).
8. Consumer boxes of Corn Flakes contain less than a *kezayis* of malt extract. The same is true with other cereals that contain barley or malt extract and are therefore not *chometz gamur*. Industrial-sized boxes of Corn Flakes (e.g., for food service) and other cereals that contain malt extract likely contain more than a *kezayis* of malt extract and would therefore be considered *chometz gamur*.
9. Malt extract is *chometz gamur*. If malt extract is an ingredient in an otherwise non-chometz product, see footnote #8.